

Curriculum Vitae

Eric Morris

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Education

Ph.D. in Counselling Psychology **2008 - 2012**

I am currently in the doctoral program in Counselling Psychology at McGill University under the supervision of Dr. Marilyn Fitzpatrick.

Masters of Counselling Psychology **2007 – 2008**

I completed my MA training in Counselling Psychology at McGill University. The focus of my research was on the role of client involvement in psychotherapy.

Enrolled in Ph.D. Program (3 years completed) **2002 – 2005**

In the three years I completed of the Clinical Psychology PhD program, I received extensive training in a wide range of areas, including adult and child assessment and treatment, professional ethics, teaching effectiveness, forensic training, and advanced univariate and multivariate statistics, research methods, and manuscript development.

B.Sc in Psychology Honours **1995 - 2000**

I completed my undergraduate training at *Trent University* in Peterborough, under the supervision of Dr. D.J. Kennett. My undergraduate thesis was published in *Patient Education and Counseling*.

Scholarships and Awards

Fonds Québécois de la Recherche sur la Société et la Culture (FQRSC) (\$60,000)	2009/2012
McGill's Principal and Provost Graduate Fellowships (\$12,500)	2008/2009
Ontario Graduate Scholarship (\$15,000) (declined)	2007/2008
Nova Scotia Health Research Fund (\$40,000)	2003/2005
Dalhousie Graduate Scholarship (\$16,000)	2002/2003

Papers and Presentations

Peer-Reviewed Publications

Stewart, S., Morris, E., Mellings, T., & Komar, J. (2006). Relations of social anxiety variables to drinking motives, drinking quantity and frequency, and alcohol-related problems in undergraduates. *Journal of Mental Health, 15*, 671-682.

Kennett, D., Morris, E., & Bangs, A. (2006). Learned resourcefulness and smoking cessation revisited. *Patient Education and Counseling, 60*, 206-211.

Morris, E., Stewart, S., & Ham, L. (2005). The Relationship between Social Anxiety Disorder and Alcohol Use Disorders: A Critical Review. *Clinical Psychology Review, 25*, 734-760.

Klein, R., Christie, J., & Morris, E. (2005) Vector Averaging of Inhibition of Return, *Psychonomic Bulletin and Review, 12*, 295-300.

Conference Presentations

Morris, E., Ionita, G., & Fitzpatrick, M. (2009). How to increase client involvement in therapy. Presentation delivered at the Society for Psychotherapy Research (Canadian chapter) conference in Montreal, QC.

Armstrong, C., Morris, E., & Fitzpatrick, M. (2009). A time-series analysis of client involvement and the working alliance with trainee counselors. Presentation delivered at the Canadian Psychological Association Conference in Montreal, QC.

Overington, L., Morris, E., & Fitzpatrick, M. (2009). The influence of client optimism and pessimism on trainee skills and session outcome. Presentation delivered at the Canadian Psychological Association Conference in Montreal, QC.

Renaud, J., DIuso, D., Morris, E., Blake, E., Dobson, K., & Drapeau, M. (2009). Cognitive errors and depression: the role of adaptive and maladaptive coping in predicting therapy outcome. Poster presented at the Canadian Psychological Association Conference in Montreal, QC.

Morris, E., & Fitzpatrick, M. (2008). Client involvement in psychotherapy: Factor structure of client self and other ratings. Poster presented at the Canadian Psychological Association conference in Halifax, NS.

Morris, E., Fitzpatrick, M, & Armstrong, C. (2008). Factor structure and convergent validity of the CSPSC-Involvement scale. Poster presented at the Society for Psychotherapy Research Conference in Barcelona, Spain.

Morris, E., Mensink, D., & Stewart, S. (2005) Brief Cognitive-Behavioural Treatment for Social Anxiety Disorder. Poster presented at Anxiety Disorders Association of Canada, Markham, On.

Morris, E., & Stewart, S. (2005). Accuracy of identifying various facial expressions in young adults high in fear of negative evaluation. Poster presented at Anxiety Disorders Association of Canada, Markham, On.

Morris, E., Stewart, S., Theakston, J. & Mellings, T. (2004). Relations of Social Anxiety Variables to Drinking Motives, Levels, and Problems in Young Adult Drinkers. Poster presented at Anxiety Disorders Association of America, Miami, Fl.

Research-Related Work Experience

Part-Time - Rating Therapy Transcripts **Fall 2007 – present**

Dr. Chris Perry, Jewish General Hospital, Montreal

I am currently working with a research group that is examining psychodynamic defense mechanisms in therapeutic sessions. Following a four-month training procedure, I have been using the Defense Mechanism Rating Scale (DMRS) to rate therapy transcripts from sessions conducted by psychiatrists and psychologists at the Jewish General Hospital.

Full-Time - Research Assistant **Fall 2005 – June 2007**

Dr. Catherine Loughlin, St. Mary's University, Halifax

I oversaw and was responsible for all aspects related to Dr. Loughlin's lab. This included, but was not limited to, ethics application submissions, participant recruitment and running, computer maintenance, quantitative and qualitative data analyses, developing online surveys and websites, and general SSHRC project management.

Full-Time - Research Assistant **Fall 2000 – Aug. 2002**

Dr. Raymond Klein, Dalhousie University, Halifax

Day-to-day duties included literature searches, organizing and maintaining financial records, troubleshooting the computer network, filing, answering phones, data entry, proof-reading and contributing to journal manuscripts.

Part-Time - Research Assistant **Feb. 2001 - Aug. 2002**

Dr. Sherry Stewart, Dalhousie

My main tasks revolved around all aspects of computer maintenance, including installing programs, assembling new computers, and general troubleshooting and problem solving.

Clinical Experience

Counsellor at the McGill Counselling Service **2009/2010**

215 hours of treatment experience

I have a number of clients I see each week who have a variety of clinical concerns, including self-injury behaviour, suicidal thoughts, mood and anxiety issues, eating disorders, and sexual abuse.

Counsellor at James Lyng High School**Jan. – April 2008***100 hours of treatment experience*

I completed an internship as a counsellor at a local high school in the Montreal area where I saw students with a variety of mental health concerns, including behavioral and academic problems, and issues with bullying.

Counsellor at the Dalhousie University Counselling Services 2004/2005*85 hours of treatment experience*

I saw a variety of clients at this setting, including those with anxiety concerns, depression, eating disorders, self-injurious behaviour, and suicidal thoughts.

Counsellor at the Nova Scotia Hospital**Summer 2004***150 hours of treatment and assessment experience*

I treated several adult clients at this setting who were primarily concerned with anxiety and depression problems. I also co-facilitated a depression group, conducted intake assessments, and was responsible for chart reviews, progress notes, and a variety of other professional activities.

Group Facilitator Experience**Co-facilitator of an ADHD Treatment Group for Children 2004/2005***Dalhousie University*

I co-facilitated a treatment group for four girls between the ages of 8-10 years, who had been diagnosed with ADHD. The evidence-based, cognitive-behavioural treatment (CBT) was five sessions long, with each session taking approximately 1.5 hours to complete.

Co-facilitator of a Clinical Depression Group**Summer 2004***Dalhousie University*

I co-facilitated a CBT group for clinically depressed, out-patients with Dr. Paul Freeman (who supervised this practicum).

Co-facilitator of a Social Anxiety Group**Winter 2004***Dalhousie University*

I developed and co-facilitated an evidence-based, short-term CBT program for those with social anxiety. The treatment comprised many of the typical CBT approaches, including psycho-education, cognitive restructuring, exposure exercises and homework. The duration of the group was six sessions and included 10 clients with social anxiety.

Teaching Experience

Teaching Assistant for Career Psychology (graduate-level)

Fall 2009, *McGill University*

Teaching Assistant for Intermediate Statistics 2 (graduate-level)

Fall 2008, *McGill University*

Teaching Assistant for Methods in Experimental Psychology

Fall 2003, *Dalhousie University*

Teaching Assistant for Contemporary Research Problems in Psychology

Winter 2002, *Dalhousie University*

Teaching Assistant for Methods in Experimental Clinical Psychology

Fall 2004, *Dalhousie University*

Teaching Assistant for Contemporary Research Problems in Psychology

Winter 2004, *Dalhousie University*

Professional Activities

Society for Psychotherapy Research (SPR) Student Member – 2007 to present

Canadian Psychological Association (CPA) Student Member – 2007 to present

Anxiety Disorders Association of Canada (ADAC) Student Member - 2005

Anxiety Disorders Association of America (ADAA) Student Member – 2004/2005

Reference

Dr. Marilyn Fitzpatrick (doctoral supervisor)

Associate Professor, McGill University

Marilyn.fitzpatrick@mcgill.ca