

Curriculum Vitae

Eric Morris

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Education

Ph.D. in Counselling Psychology (2008 – 2013)

I am currently in the doctoral program in Counselling Psychology at McGill University under the supervision of Dr. Marilyn Fitzpatrick. My dissertation consists of developing an observer-rated measure of client involvement in therapy.

Masters of Counselling Psychology (2007 – 2008)

I completed my MA training in Counselling Psychology at McGill University. The focus of my research was on the role of client involvement in psychotherapy.

Enrolled in Ph.D. Program (3 years completed) (2002 – 2005)

In the three years I completed of the Clinical Psychology PhD program, I received extensive training in a wide range of areas, including adult and child assessment and treatment, professional ethics, teaching effectiveness, forensic training, and advanced univariate and multivariate statistics, research methods, and manuscript development.

B.Sc in Psychology Honours (1995 – 2000)

I completed my undergraduate training at Trent University, under the supervision of Dr. D.J. Kennett. My undergraduate thesis examined factors related to smoking cessation and was published in *Patient Education and Counseling*.

Scholarships and Awards

Fonds Québécois de la Recherche sur la Société et la Culture (\$60,000)

McGill's Principal Graduate Fellowship (\$7500)

McGill's Provost Graduate Fellowship (\$5000)

Canadian Psychological Association travel award

Education Graduate Students' Society travel award

Ontario Graduate Scholarship (\$15,000) (declined)

Nova Scotia Health Research Fund (\$20,000/year)

Dalhousie Graduate Scholarship (\$16,000/year)

Clinical Experience

Therapist at Griffith Edward Addictions Centre (2010/2011)

As part of my doctoral practicum, I was involved in all aspects of treatment delivery, including individual and group treatment, case conferences, and thorough intake assessments. I was subsequently hired to design and implement a group treatment for smoking cessation that runs throughout 2011/2012.

Therapist at the McGill Counselling Service (2009/2010)

I saw a number of clients each week who had a variety of clinical concerns, including self-injury behaviour, suicidal thoughts, mood and anxiety issues, eating disorders, and sexual abuse.

Therapist at James Lyng High School (Jan. – April 2008)

During my M.A., I completed an internship at a high school in the Montreal area where I saw adolescents with a variety of mental health concerns.

Therapist at the Dalhousie University Counselling Services (2004/2005)

I saw a variety of clients at this setting, including those with anxiety concerns, depression, eating disorders, self-injurious behaviour, and suicidal thoughts.

Therapist at the Nova Scotia Hospital (Summer 2004)

I treated several adult clients at this setting who were primarily concerned with anxiety and depression problems. I also co-facilitated a depression group, conducted intake assessments, and was responsible for chart reviews, progress notes, and a variety of other professional activities.

Group Facilitator Experience

Facilitator for smoking cessation group (2011/2012)

I developed and have begun running a 12-week, CBT-based group at Griffith Edward Centre designed to help former substance users quit smoking. I have already completed one of the groups and I will continue running the group throughout the year.

Co-facilitator for an addiction recovery group (2010/2011)

I co-facilitated a group for recovering substance users at Griffith Edward Centre, which is part of the McGill University Health Network (MUHC). The group was process orientated and combined CBT and psychodynamic approaches.

Co-facilitator of an ADHD treatment group for children (2004/2005)

I co-facilitated a CBT treatment group for four girls between the ages of 8-10 years, who had been diagnosed with ADHD.

Co-facilitator of a clinical depression group (Summer 2004)

I co-facilitated a CBT group for clinically depressed, out-patients with Dr. Paul Freeman.

Co-facilitator of a social anxiety group (Winter 2004)

I developed and co-facilitated an evidence-based, short-term CBT program for those with social anxiety. The duration of the group was six sessions and included 10 clients with social anxiety.

Supervision Experience

As part of my doctoral program, I spent a year supervising M.A. students while they worked with their first therapy clients. The therapy sessions conducted by the M.A. students were video-taped and as a group, we processed the sessions and I provided them with feedback, guidance and support.

I also taught a graduate-level course designed to teach M.A. students how to run psychotherapy groups. The course involved a great deal of supportive activities, including individual feedback and encouragement.

Papers and Presentations

Peer-Reviewed Publications

Stewart, S., Morris, E., Mellings, T., & Komar, J. (2006). Relations of social anxiety variables to drinking motives, drinking quantity and frequency, and alcohol-related problems in undergraduates. *Journal of Mental Health*, 15, 671-682.

Kennett, D., Morris, E., & Bangs, A. (2006). Learned resourcefulness and smoking cessation revisited. *Patient Education and Counseling*, 60, 206-211.

Morris, E., Stewart, S., & Ham, L. (2005). The Relationship between Social Anxiety Disorder and Alcohol Use Disorders: A Critical Review. *Clinical Psychology Review*. 25, 734-760.

Klein, R., Christie, J., & Morris, E. (2005) Vector Averaging of Inhibition of Return, *Psychonomic Bulletin and Review*, 12, 295-300.

Conference Presentations

Morris, E., Fitzpatrick, M., & Ionita, G. (2011, June). Conceptualizing and Measuring Client Involvement in Therapy. Paper presented at Canadian Psychological Association Conference, Toronto, Canada.

Bhatia, M., Sunderani, S., Petraglia, J., Morris, E., MacKinnon, C.J., & Ali, M. (2011, June). Is efficacy the same as effectiveness? Exploring the pitfalls of the Empirically Supported Treatment movement: A critical examination. Round table discussion presented at Canadian Psychological Association Conference, Toronto, Canada.

Morris, E., Ionita, G., & Fitzpatrick, M. (2009). How to increase client involvement in therapy. Presentation delivered at the Society for Psychotherapy Research (Canadian chapter) conference in Montreal, QC.

Armstrong, C., Morris, E., & Fitzpatrick, M. (2009). A time-series analysis of client involvement and the working alliance with trainee counselors. Presentation delivered at the Canadian Psychological Association Conference in Montreal, QC.

- Overington, L., Morris, E., & Fitzpatrick, M. (2009). The influence of client optimism and pessimism on trainee skills and session outcome. Presentation delivered at the Canadian Psychological Association Conference in Montreal, QC.
- Renaud, J., DiIuso, D., Morris, E., Blake, E., Dobson, K., & Drapeau, M. (2009). Cognitive errors and depression: the role of adaptive and maladaptive coping in predicting therapy outcome. Poster presented at the Canadian Psychological Association Conference in Montreal, QC.
- Morris, E., & Fitzpatrick, M. (2008). Client involvement in psychotherapy: Factor structure of client self and other ratings. Poster presented at the Canadian Psychological Association conference in Halifax, NS.
- Morris, E., Fitzpatrick, M., & Armstrong, C. (2008). Factor structure and convergent validity of the CSPSC-Involvement scale. Poster presented at the Society for Psychotherapy Research Conference in Barcelona, Spain.
- Morris, E., Mensink, D., & Stewart, S. (2005) Brief Cognitive-Behavioural Treatment for Social Anxiety Disorder. Poster presented at Anxiety Disorders Association of Canada, Markham, On.
- Morris, E., & Stewart, S. (2005). Accuracy of identifying various facial expressions in young adults high in fear of negative evaluation. Poster presented at Anxiety Disorders Association of Canada, Markham, On.
- Morris, E., Stewart, S., Theakston, J. & Mellings, T. (2004). Relations of Social Anxiety Variables to Drinking Motives, Levels, and Problems in Young Adult Drinkers. Poster presented at Anxiety Disorders Association of America, Miami, FL.

Research-Related Work Experience

Rating Therapy Transcripts (part time: Fall 2007 – June 2011)

I worked for a research group run by Dr. Chris Perry that was examining cognitive defenses in therapeutic sessions. I used the Defense Mechanism Rating Scale (DMRS) to rate therapy transcripts from sessions conducted by psychiatrists and psychologists.

Research Assistant Fall (full time: 2005 - June 2007)

I worked for Dr. Catherine Loughlin at St. Mary's University and I was responsible for nearly all aspects related to Dr. Loughlin's lab. This included, but was not limited to, ethics application submissions, participant recruitment and running, computer maintenance, quantitative and qualitative data analysis, developing online surveys and websites, and general SSHRC project management.

Research Assistant (full time: Fall 2000 - August 2002)

I worked for Dr. Raymond Klein at Dalhousie University and my day-to-day duties included literature searches, organizing and maintaining financial records, troubleshooting the computer network, filing, answering phones, data entry, proof-reading and contributing to journal manuscripts.

Teaching Experience

Instructor for Psychotherapy Process: Group Therapy (graduate-level)
Summer 2011, *McGill University*

Teaching Assistant for Quantitative Research Methods (graduate-level)
Fall/winter 2010/2011, *McGill University*

Teaching Assistant for Career Psychology (graduate-level)
Fall 2009, *McGill University*

Teaching Assistant for Intermediate Statistics 2 (graduate-level)
Fall 2008, *McGill University*

Teaching Assistant for Methods in Experimental Psychology
Fall 2003, *Dalhousie University*

Teaching Assistant for Contemporary Research Problems in Psychology
Winter 2002, *Dalhousie University*

Teaching Assistant for Methods in Experimental Clinical Psychology
Fall 2004, *Dalhousie University*

Teaching Assistant for Contemporary Research Problems in Psychology
Winter 2004, *Dalhousie University*

References

Dr. Marilyn Fitzpatrick (M.A. and doctoral supervisor)

Associate Professor, McGill University

marilyn.fitzpatrick@mcgill.ca

Dr. Vera Romano (doctoral practicum supervisor)

Psychologist, McGill Counselling Centre

vera.romano@mail.mcgill.ca

Dr. Gail Gauthier (doctoral practicum supervisor)

Psychologist, Griffith Edward Centre

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Dr. Kathryn Gill (supervised my smoking cessation group)

Psychologist, Griffith Edward Centre; Associate Professor, McGill University

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